

Central Florida
ATHLETICS

DANCE

EVALUATION

PACKET

2018-2019



Thank you for your interest in Central Florida Athletics Allstar Cheer/Dance Program! The 2018-2019 season will be our 5th year of providing a fun, safe, and positive environment for Allstar cheer and now dance!

Our goal is to provide a safe, judgment free, family friendly environment that our athletes can thrive in. We believe that under these conditions we will be able to pull the absolute best from our athletes which will translate to success on and off the Cheer or Dance floor!

The CFA coaching staff reserves the right to make changes to teams by adding, re-arranging or removing athletes to or from teams AT ANY TIME WITHOUT NOTICE. These changes can be made based on talent level, attitude, lack of improvement, absences and/or tardiness, lack of financial responsibility, and personality conflicts between athletes, coaches, and parents. NO REFUNDS WILL BE GIVEN IF YOU CHILD IS ASKED TO LEAVE OUR PROGRAM.

Every athlete has a purpose for being on each team so please trust all decisions that are made by the staff. All roles and locations of athletes on teams are chosen solely by the CFA coaching staff. These roles may also change throughout the season for athletes in order to make sure each team has an equal opportunity to compete successfully.

We are always open to answer questions or concerns you may have regarding your child's placement on team or in the routine. However, making threats or demands regarding team placements and roles will result in immediate dismissal from our program.

Good luck at evaluations and we look forward to a fantastic season!

CFA Coaching Staff



2018-2019 Dance Evaluation Information

Required Documents

You will need to complete the annual registration form, photo release form, and tryout evaluation form. In addition to completing the above referenced forms you will need to bring a copy of your birth certificate and a photo.

Level Evaluations Attire

****Please wear comfortable clothes and shoes you can dance in!**

Assessment Fee - \$35

Please remember to bring your Financial Commitment Form/Credit Card authorization form, Medial Waiver and Member Information Sheet!

Meet the Director



Kelsee comes from a dance family. Her grandmother was a dance teacher, as well as her aunt, therefore, she has danced since her early childhood. Through her dance experience she decided to give cheerleading a try and was instantly hooked. All through her childhood and school years, she was doing dance, cheer and tumbling. She started with competition cheer (East Celebrity Elite) in an elite program till she graduated high school, which brought her to Worlds in Orlando, Florida.

She cheered for her middle school and placed in many competitions. She made the varsity cheer team her freshman year and continued through high school. Kelsee's varsity team did regional and state competitions placing in many of them. Kelsee then went on to coach cheer, dance and tumbling teams from age 2-20, also a special education team which they helped the amazing, talented kids compete in competitions and let them be themselves and give them opportunity to reach for the stars.

Kelsee graduated from Londonderry High School and entered cosmetology's school. She graduated and received her hair dressing license, she now works at the Spa at Reunion Resort. She hopes to one day own her own salon! Kelsee just recently moved here from New Hampshire with her fiancé and beautiful one-year old Lyla.

She is anxious to join the CFA family and working with all the talented individuals they have.



Coach Meghan Ludy

Meghan has been dancing since the age of 2 learning all the different styles of dance. She entered the all-star world at the age of 7 where she was a competitive cheerleader for 10 years as well as a competitive dancer in all genres such as, pom, jazz, and hip hop dance. She did all-star cheer and dance, simultaneously was on Mandarin High School Varsity cheer team all 4 years as well as being captain her senior year, where she choreographed all their performances. In 2008, Meghan competed for the first time at Dance Worlds with American All-Stars (Jacksonville, FL). Meghan was 2010 and 2011 back to back State Champion in the Hip Hop Duo division. Meghan competed with Extreme All-Stars (Melbourne, FL) on their Open Coed Hip Hop team from 2013-2016. In four seasons with this team, they received 4 National Titles, 4 Dance World Titles in 2nd place and 3 Dance World U.S. Trials in 1st place. In 2014, Meghan was invited by Julie Johnson to dance with her team "Studio One" (Orlando, FL) a prestigious Hip Hop dance group known for their innovative tricks, and wild entertaining performances. Meghan traveled with Studio One to Las Vegas to compete in the Hip Hop International competition where they placed 3rd in the United States. In 2016, she traveled with Extreme All-Stars to Las Vegas to compete at the All Star Games and won 1st place. Simultaneously, while dancing, she also attended the University of Central Florida, where she graduated with a bachelor degree in Elementary Education in 2015. Meghan is now a 4th grade teacher at Duval Charter.



Owner/Coach Terry Skeens

Terry is a two-time high school and collegiate All American athlete. During his time cheering in high school, he and his teammates won both state and national titles. At the collegiate level, Terry was recognized for his ability and strength in coed partner stunting. While earning a degree in biology, he cheered for ten-time collegiate national champions, Trinity Valley. In his time away from the mat at Trinity, he worked as a private camp instructor for CTC. Between 2002 and 2004 Terry was named the most improved staffer and also as staffer of the year!

In 2005, Terry was offered a full scholarship to cheer at Hawaii Pacific University on their large coed team. That year, he also went on to perform at the 2005 NFL Pro Bowl halftime show with All American Cheer and Dance.

Combined, Terry has 16 years of coaching experience and expertise. He is recognized and respected by his peers as one of the top coaches and choreographers in the nation. His coaching endeavors include five years as the All Star Cheer and Tumbling director at Florida Elite All Stars in both Jacksonville and Gainesville, Florida from 2004-2009, two years at ACX All Stars in Columbia, SC from 2009-2011, where he also performed on their IOC5 team at Worlds, ranking in 18th place in their division. Terry also spent five years at Infinity All Stars in Jacksonville, Florida from 2011-2016.

Both the teams that he has coached and the routines he has choreographed have brought in over 500 National titles, 26 Summit bids either paid or at large, 3-5 Summit championships, and 10 Worlds bid recipients both paid and at large as well. Terry Skeens' hard work and dedication to the sport have also helped earn his teams named titles in all three of the Triple Crown events including, Cheersport, NCA, and UCA.

His knowledge of competitive cheerleading is vast as well and he is considered a lifelong learner of the sport along with its evolution from year to year. Terry Skeens is USASF certified through level 5. He is a



former Regional Competition Director for the American Championships and he is also recognized as a Varsity panel judge since 2009. He graduated from the second ever USASF Leadership Program in 2012 and has been nominated by the governing body of All Star Cheer, USASF, for awards such as Leadership through Sportsmanship in 2012 and Coach of the Year in 2013.

All Staff are USASF Certified along with being certified in concussions and background checked.





Questions & Answers

Q. What are the program costs?

A. The costs range from \$2,200.00- \$2,500.00 per season. Not included in this estimated are costs such as: travel expenses, competition spectator admission, Nationals and Bid Events.

Q. Will there be fund raising opportunities to help off-set the cost?

A. Yes. We understand that competitive dance is an expensive sport. We provide fundraising opportunities through our parent organized booster club.

Q. Does the gym provide sponsorship letters to assist families in soliciting support from local businesses?

A. Yes. We provide sponsorship letters. Sponsor letters can be found at the front desk.

Q. Is there a referral program?

A. Yes, for each qualifying new member referral a \$50.00 credit will be issued towards your monthly fees.

Q. Does everyone make a team?

A. Yes, everyone will be placed on a team as long as an age/skill appropriate team is available (i.e. you must be a certain age to be on a youth, junior, or senior team)

Q. What if I don't like my placement? I'm shopping around. We build our teams assuming that everyone will accept their position on the team based on the coach's comprehensive knowledge of the sport. If dancers don't accept their position, it could have impacted how other teams were created during the tryout process. The CFA coaching staff assumes that if a dancer is going through the evaluation process, they are prepared to accept the position in which they are placed. If there are concerns about placement, please get in contact with a coach as soon as possible. We are NOT only interested winning. It is our goal to also help your child grow, learn, stretch, and have fun!

Q. How often do the teams practice?

All teams practices 2 days a week. Additional practices may be called as necessary. Dance at CFA is a team activity therefore attendance is very important to the success of your athlete's team.

Q. When will practice begin for the 2018-2019 season?

A. Friday, June 8th – 6:00pm – 7:30pm



Questions & Answers Continued

Q. When and where are the competitions?

A. Most of our competitions are located throughout Florida. Some competitions may be further away and require overnight hotel stays. The 2018 – 2019 competition season starts in December 2018 and runs through May 2019. Competitions are always on the weekends.

Q. What are the different team levels and age groups?

A. All Varsity brand organizations base their divisions on the athlete's age as of 8/31/2018. A team's age determines if the group is Tiny, Mini, Youth, Junior, or Senior.

| <i>Division</i> | <i>Age (As of August 31st 2018)</i> |
|-----------------|--|
| Tinys | 6 & under |
| Minis | 9 & under |
| Youth | 12 & under |
| Junior | 15 & under |
| Senior | 18 & under |

Q. Can my actions as a parent affect my athletes involvement?

A. Yes! We have an open-door policy and encourage any parent to talk with us about concerns. A small misunderstanding that can easily be resolved before complaining to others explodes into a festering mess. Negativity is contagious! As is optimism and respect. We strive to provide a positive, encouraging environment for our athletes and we need our parents' participation in this arena! We are so blessed to have so many great families on our teams. Please talk with us before letting a silly incident fester too long.



Important Financial Information

We understand that All-Star Dance is an expensive sport. Therefore, we offer our team families payment options. We do expect all fees to be paid on time.

Each athlete will be charged a monthly fee. This will include weekly practices and all necessities for the season: Registration fee, competition fees, practice clothes, shoes, choreography, music, competition make up, sponsor shirt, and a 1 day mandatory workshop.

Competition fees, membership fees, sponsorships and fundraising monies are non-refundable. There are no exceptions to this rule. If you start the program after June 2018, you will be responsible for missed fees. Since the monthly fees amortize the many aspects that encompass competitive cheer, those fees must be collected.

Once teams are announced you will receive a packet with exact costs for your athlete's team. All monthly payments must be paid by the 1st of every month.

Dance Team Payments Schedule

| <i>Month</i> | <i>New Athlete Payments</i> | | |
|--------------|-----------------------------|---------------------|---------------------------|
| | <i>Tuition</i> | <i>Allstar Fees</i> | <i>Total Monthly Fees</i> |
| June | \$90 | \$132 | \$222 |
| July | \$90 | \$132 | \$222 |
| August | \$90 | \$132 | \$222 |
| September | \$90 | \$132 | \$222 |
| October | \$90 | \$132 | \$222 |
| November | \$90 | \$132 | \$222 |
| December | \$90 | \$132 | \$222 |
| January | \$90 | \$132 | \$222 |
| February | \$90 | \$132 | \$222 |
| March | \$90 | \$132 | \$222 |
| April | \$90 | | \$90 |
| May | \$90 | | \$90 |

\$1,080 \$1,320 \$2,400

Gym Tuition & All Star Fees \$2,400

Warm Up (optional)

Backpack (optional)

Payment Plan Options:

Weekly **\$55.50**

Bi-Monthly **\$111.00**

Monthly **\$222.00**

***In order to set up weekly or bi-monthly payments all accounts must be paid up and current.**



2018-2019 Competition Schedule

| Event Date | Competition Name | Location | 1 Day/2 Day | Stay & Play Yes/No | Hotel Room Block | Teams Attending |
|-------------|--|---------------|-------------|--------------------|------------------|------------------|
| Dec 15 | All Out- Central Florida Championships | Orlando, FL | 1 Day | No | N/A | TBD |
| Jan 19 - 20 | STATE* | Daytona, FL | 2 Day | YES | TBD | ALL |
| Jan 27 | NCA Sunshine Classic | Kissimmee, FL | 1 Day | No | N/A | ALL |
| Feb 9-10 | Spirit Sports | Tampa, FL | 2 Day | No | TBD | ALL |
| Feb 24 | Jamfest | Orlando, FL | 1 Day | No | TBD | ALL |
| March 23 | Reach the Beach* | Daytona Beach | 1 Day | YES- must stay Fri | TBD | TBD |
| April 2 | All Out Season Showdown | Orlando, FL | 1 Day | No | TBD | TBD |
| May 5-6 | SUMMIT | Orlando, FL | 2 Day | No | TBD | Qualifying Teams |

Any bid events are NOT included in your monthly installments, any bids received through the year; we will be entertained with a parent meeting. The only event we will ATTEND w/out a meeting first is SUMMIT/WORLDS! Those bids are hard to get, so if we get one (Paid or At-large) we will be attending. Those fees will be emailed out at later dates, pending teams heading to the event!



Important Dates

Dance Evaluations – Tuesday, May 29nd 5:30-8:30pm
Dance Practices Begin – Friday, June 8th 6:00 to 7:30 (first team practice)
Choreography – TBD
Sponsorship Money Due –October 12th
Showcase- Sunday, November 18th
Team Pictures –TBD
Christmas Party – December 20th

Summer Vacation Schedule

Vacation Week 1 – June 11th - 15th
Vacation Week 2 - July 2nd - 6th
Vacation Week 3 – August 13th –17th

Holiday Schedule

Memorial Day- May 28th- NO PRACTICE
Labor Day – September 3rd NO PRACTICE- Gym Closed
Halloween – October 31st NO PRACTICE
Thanksgiving Break – November 21st-23rd NO PRACATICE –Gym Closed
Christmas Break – December 24th – January 4th NO PRACTICE- Gym Closed
Spring Break – March 18th- 22nd (St. Johns County spring break schedule) NO PRACTICE



2018-2019 Dance Evaluation Form/ Dancer Information

DANCER NAME: _____
AGE (AS OF 08/31/2018): _____ **SCHOOL & GRADE** _____
DANCE EXPERIENCE: _____

| | Comments | _____/20 |
|--|----------|-------------------|
| Precision/Sharpness Proper placement | | 1 2 3 4 5 |
| Rhythm/Timing Ability to complete steps. On count/ on beat with control | | 1 2 3 4 5 |
| Memory Number of mistakes Knowledge of routine Ability to recover Not watching others | | 1 2 3 4 5 |
| Showmanship Facial consistent Confidence | | 1 2 3 4 5 |

ADDITIONAL COMMENTS ON OVERALL EVALUATION

*Evaluation questions should be directed to Coach Meghan at kelsee@cfa-coaching.com
 Evaluation registration can be completed on the website at: www.centralfloridaathletics.com*



INFORMED CONSENT AND PARTICIPATION RELEASE

I/We, _____, parent(s) and/or guardian(s) of _____, who is a participant in the Central Florida Athletics (CFA) Program or participant in CFA Gym Activities, are herewith allowing our son/daughter to participate in such activity, and give our consent for such participation by our son/daughter.

We understand that our son/daughter is required to be in good physical shape and condition and that the activities which he/she will be asked and expected to participate in are strenuous and require physical and athletic agility. It has been fully explained to us that these activities include, but are not necessarily limited to a variety of gymnastic routines, including somersaults, back handsprings, aerials and round-offs; that there will be a variety of mounts and stunts requiring the coordination of more than one participant on the squad; that these activities will not be confined to any one site or venue, but rather a variety of sites and places throughout practices and competitions.

It has also been explained to us that dance is an activity in which the risk of injury is high; that any one of the routines involving our son's/daughter's participation in dance activities in general could lead to serious injury, including partial or total paralysis, even death. We have also discussed this with our child and among ourselves. Despite this understanding of the possibility of serious or catastrophic injury or death and the risks involved, we still consent to the participation in this activity by our son/daughter. Our child's participation in this activity is purely voluntary and we elect their participation in spite of the risks. I/we also certify that we have adequate insurance to cover any injury or damage that our child may suffer while participating, or else I/we agree to bear the costs of such injury or damage ourselves.

We also understand that our son/daughter will be required to travel to locations for performances and competitions and that we, as parent and/or guardian, will be responsible for our child's transportation.

We represent to CFA Dance that, to the best of our knowledge and belief, our son/daughter has no physical, medical, or mental disability or other limitation that would restrict his/her ability to fully participate in this activity as described and explained to us. We agree to this informed consent and by the signing of this Participation Agreement, voluntarily release, forever discharge and agree to indemnify and hold harmless the directors, owners, coaches, assistant coaches, trainers, and volunteers of Central Florida Athletics Dance, from any and all claims of negligence by ourselves, our son/daughter, or heirs, executors and assigns, from any liability arising from claims for damages for injury to our son/daughter and any claims for loss of or damage to his/her property which may arise out of his/her participation in CFA Dance.

Parental Consent:

In witness where of, I/we have affixed our signatures to this Informed Consent and Participation Agreement on this ____ day of _____, 2018 in the State of Florida.

(Parent Name) (Date) (Parent Signature) (Date)



PARENT COMMITMENT

We would like to take this opportunity to share and explain how we select the team on which your child will participate. As with any sport, there are various levels of talent and various strengths within each athlete. It is also important to us that your child is placed on a team where he or she will grow and succeed. We feel it is important that we create the strongest teams possible. It is in our best interest to create teams with a balanced number of flyers, bases, dancers, and tumblers.

There is no first and second team in the Central Florida Athletics (CFA) dance program. Please know that the squads are named and chosen appropriately and help us to assure your child's position at CFA is in his/her best interest. It is important that all of our parents and athletes understand this and are committed to sharing our philosophy. We feel fortunate to have the best family and friendship bonds because we have the best parents and family support around! The CFA Staff is ready for another outstanding and successful year!

By signing below, I/we agree to the following:

- All conversations in the parent viewing areas must be respectful and positive. Any rude comments could result in dismissal from the program.
- Practices and activities on and around the gym are being recorded for both security and safety.
- Only athletes and coaches are allowed on the practice floor.
- The coaches reserve the right to close practices at any time for any reason.
- No athlete or parent may post inappropriate messages or comments on FACEBOOK, INSTAGRAM or any other social media/website about another program or individual.
- The CFA logo cannot be copied and printed on any individual apparel or other items.
- We reserve the right to dismiss your athlete from the program for any of the following reasons: inappropriate behavior, too many absences, a pattern of lateness, not showing to competition, or delinquent fees.
- No parent may ever reprimand or discipline someone else's child. We will handle any disciplinary problems privately and professionally.
- You agree to the CFA philosophy of team selection and also agree to show sportsmanlike conduct at all times, understand that coaches' decisions are final, and the parent's position in the gym is to provide a positive outlook for all children.

ABSENCES

Athletes are expected to attend every practice. Absences will be reviewed on an individual basis. Anything beyond 3 unexcused absences is highly frowned upon and may be grounds for dismissal from the program. Attendance will be kept throughout the season showing all absences and nature of absence. All summer absences due to other commitments/obligations or family visitation rights must be made known immediately. Understand that your child's participation is a year-long commitment and you will help us instill the importance of this dedication. Missing practice the week of a competition could result in an athlete being replaced for that competition.

EXCUSED absences include but not limited to:

- Death in the family
- School related function that reflects a grade
- A contagious illness with doctor's note

UNEXCUSED absences include but not limited to:

- Jobs
- Sickness, cramps
- Dances, birthday parties, concerts, etc.
- School projects, homework, sports practices or events

By signing below, I agree to cooperate in this manner.

Parent Name

Parent Signature

Date



DANCER COMMITMENT AND PROGRAM RULES

I understand that coaches' decisions are final, and will come to practice prepared to work hard at the sport I love!

I understand that my participation is a year-long commitment and my position and dedication to my team is important.

I will always show respect for the coaches, fellow teammates, other Central Florida Athletics (CFA) Athletes, parents, judges, officials and spectators. Disrespectful behavior could result in probation from team or dismissal from the CFA Program.

I will not post inappropriate messages on FACEBOOK, INSTAGRAM or any other Social Media/website regarding another program or individual.

I will be modest when our team is successful and gracious when we have a loss.

Gym/Practice

- No Jewelry.
- No long fingernails.
- Bloomers and sports bra must be worn by ALL female athletes.
- Long hair must be pulled back in a hair elastic.
- All account balances must be current in order to practice.
- No parents, siblings, or friends will be allowed in the gym area.
- All cell phones must be left on silent or out of the gym.
- You must practice in athletic shorts, an appropriate top, and appropriate shoes.
- No gum, food, or colored beverages on the mats.

Competition, Camps or Clinics

- Hair must be done to coach's specification
- Make-up must be brought and worn at coach's discretion
- Attendance at all CFA functions is mandatory
- All team members will stay at events until released by their coach
- All athletes will dress in specified CFA attire at all events
- Central Florida Athletics athletes and parents/family members will conduct themselves in proper behavior at all times (i.e. practices, competitions, on the internet, and all other events)
- Zero tolerance will be implemented for fighting or the use of alcohol or drugs at any CFA function
- Tobacco and the use of profanity will be punishable at the coach's discretion
- Set a positive example for others to follow.
- Be respectful and courteous to everyone.
- Refrain from gossiping or any form of verbal or physical confrontation
- Refrain from celebrating the misfortune or defeat of another person, team, or program.
- Accept team placement and awards with dignity and class

By signing below, I agree to commit my time, skills, and abilities to my team for the 2018-2019 season.

Dancer's signature

Date

Parent signature

Date



PHOTO RELEASE & ACCEPTANCE

I, as parent/guardian of _____, grant permission to the Central Florida Athletics to use photographs or video taken of my child at the Central Florida Athletics (CFA), competitions, performances, or fundraisers for use in publications, CFA's website or other electronic forms or media to promote the CFA cheer program.

I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Central Florida Athletics including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including, but not limited to any misuses, distortion, blurring, alteration, optical illusion or use in composite form, either intentionally or otherwise, that product, its publication or distribution.

I have read this release & by signing below, I acknowledge I fully understand the contents, meaning and impact. I understand that I am free to address questions regarding this release by submitting those questions in writing. My failure to do so will be interpreted as a free/knowledgeable acceptance of the terms of this release.

Parent Name

Date

Parent Signature

Date



FINANCIAL OBLIGATIONS

All payments are due on the 1st of each month. Payments received AFTER the 5th will result in a \$30.00 late fee, and will be automatically charged to your account. Failure to meet Payment Deadlines and lack of reasonable and fair communication regarding payments will result in your child's loss of services (sitting out of practice) and/or dismissal from the program. Please note, we reserve the right to replace the athlete if this happens.

Phone calls, emails and meetings regarding past due accounts are a courtesy. Fee schedules are supplied at the beginning of the season. It is your responsibility to make your payments on time and in full.

Your Dancer's Account must be at ZERO balance by the following dates during the season, or will result in loss of services (sitting out of practice) and/or dismissal from the program:

- July 31, 2018
- September 30, 2018
- November 30, 2018
- January 15, 2019
- March 1st, 2019

Terms and Conditions:

1. Tuition does not fluctuate based on the number or duration of practices in any month nor is it based on the athlete's attendance.
2. Tuition pays for training. It does not pay for the right to perform.
3. All payment due dates must be met.
4. A \$30.00 late fee will be charged to your account after the 5th of the month.
5. An athlete's account must be current to participate in practices/competitions/special events.
6. CFA reserves the right to remove an athlete from their team at any time for failure to keep up with financial obligations.
7. Any monies received from an athlete/parent will be applied first to any overdue tuition/fees.
8. Your athlete has ONE account. If your athlete has separate parents/people that pay for her account CFA will consider the total outstanding amount as due. We cannot interpret your 'half' as paid and the other half is outstanding because the other party did not pay. In this situation, the athlete's account will have an outstanding balance.
9. All tuition/fees must be current before an athlete may collect any clothing/uniform or other retail items.
10. If an athlete chooses to leave or if asked to leave CFA for any reason before the season is over, any and all funds are completely non-refundable.
11. CFA reserves the right to turn over all delinquent accounts to a collections agency and the parent/athlete will be responsible for all additional costs incurred.
12. All Fees are non-transferrable and non-refundable.

By signing below, I understand these rules and regulations, the payment and financial obligations, and fully agree to comply with all the above.

Parent signature

Date

Parent Signature

Date



Annual Registration - Permission - Health Form

This Annual Registration Form is for all Central Florida Athletics LLC activities. I understand that it is my responsibility to notify Central Florida Athletics LLC in writing as to any changes in the status of my permission or my child=s health history prior to their participation in any Central Florida Athletics LLC activities.

I give permission for my child to participate in all Central Florida Athletics LLC activities until I have provided written revocation of this permission, including those activities held away from the regular activity sites. I understand that Central Florida Athletics LLC will inform me as to off-site activities and locations prior to my child=s participation.

I will be responsible for transportation to/from activities or am willing to permit Central Florida Athletics LLC to select transportation methods for my child.

I will notify Central Florida Athletics LLC if the Emergency Contact will be away from usual phone contact while my child is participating in a Central Florida Athletics LLC activity.

Name of Participant _____ Date of Birth _____ Male ___ Female ___
 Home Phone _____ E-mail _____ School Grade _____
 Address _____ City _____ Zip _____
 Mother=s Name _____ Father=s Name _____
 Occupation _____ Occupation _____
 Work# _____ Cell # _____ Work# _____ Cell# _____
 Emergency Contact (other than parent) _____ Relationship to child _____
 Cell# _____ Home# _____ Work# _____
 Name of Doctor _____ Phone _____
 Name of Insurance Carrier _____ Phone _____
 Should your child be restricted in/from any activity? Yes ___ No ___ If yes, please list:

 _____ (Please attach a separate page if additional space is necessary.)

Please complete the following questions about your child=s health history. Circle Ayes@ or Ano@ and/or fill in the appropriate blanks.

Any recent exposure to contagious diseases? Yes No If yes, what disease? _____ When? _____

Any recent operations? Yes No If yes, give type of operation and date: _____

Any recent serious injuries/illness? Yes No If yes, give description and date of injury/illness: _____

List present medications and why medication is being taken: _____

| | | | | | | | | |
|-----------------------|--------------|-----|----------------|---------------|-----|-----------------|------------------|--------|
| Suffers from: | Asthma: | Yes | No | Lung Disease: | Yes | No | Epilepsy: | Yes/No |
| Diabetes: | Yes | No | Takes Insulin: | Yes | No | Cardiovascular: | Yes/No | |
| Chronic Infection of: | Nose: | Yes | No | Throat: | Yes | No | | |
| | Ears: | Yes | No | Sinus: | Yes | No | | |
| Subject to: | Fainting: | Yes | No | Headaches: | Yes | No | Hyperactivity: | Yes/No |
| | Bedwetting: | Yes | No | Sleepwalking: | Yes | No | Motion Sickness: | Yes/No |
| | Nose Bleeds: | Yes | No | Restlessness: | Yes | No | | |

Does your child have any type of allergies? If yes, please list: _____

If your child is female, has she menstruated? Yes No Is the menstrual painful and/or irregular? Yes No
 Last Tetanus inoculation date _____ Any other additional information _____



I agree that the information I have provided on this form is true and complete to the best of my knowledge. **Parent initials:** _____

Should you desire Central Florida Athletics LLC to administer your child=s mediation, a written consent form must be completed by the parent and given to Central Florida Athletics LLC. Central Florida Athletics LLC may refuse to give mediation. Medication must be in a proper container with the child=s name and dosage information clearly marked. **Parent initials:** _____

If the child has suffered a serious accident or illness within the past twelve (12) months, is subject to a serious health condition, or there is any question about activity restriction, further information from the child=s doctor or specific permission to participate may be required at the discretion of Central Florida Athletics LLC. Central Florida Athletics LLC=s staff and volunteers are not qualified to care for some children with special needs. Central Florida Athletics LLC will only accept those children after evaluation. **Parent initials:** _____

In the event that my child suffers any illness or injury requiring emergency treatment while involved in any Central Florida Athletics LLC activity, I hereby give my permission for any necessary hospitalization, medication, surgery on the recommendation of medical personnel, in which case I will be solely responsible for all costs. **Parent initials:** _____

RELEASE, HOLD HARMLESS AND EXCULPATORY AGREEMENT

Physical activities like dance, tumbling and gymnastics, as with all sports activities, carries an inherent risk of bodily injury or even death. These risks also extend to those present in our facility even if they are not actively participating in the activities. Such risks can be minimized through proper instruction, supervision and education, but such risks can never be eliminated. Your knowledge and appreciation of these risks is extremely important to your making an informed decision.

By signing this document, either individually, and/or in the capacity of a natural or legal guardian, you acknowledge the inherent risks of bodily injury, psychological injury, or even death, in cheerleading, tumbling and sporting activities, as well as through presence as a spectator. By signing this document you, individually and/or in the capacity of a natural or legal guardian, hereby release, hold harmless and exculpate Central Florida Athletics LLC, its owners, employees, volunteers, agents and representatives, from any and all liability for their negligence in allegedly bringing about bodily injury, psychological injury or death, as well as to any claims of negligence, as set forth above, further extends to any defective condition of the premises whether or not known to Central Florida Athletics LLC, or its owners, employees, volunteers, agents and representatives, and whether occurring on or off premises or during transportation to or from the premises or other events.

****NOTICE TO THE MINOR CHILD'S NATURAL GUARDIAN****

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF CENTRAL FLORIDA ATHLETICS LLC USES

REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS

INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD=S RIGHT AND YOUR RIGHT TO RECOVER FROM CENTRAL FLORIDA ATHLETICS LLC IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND CENTRAL FLORIDA ATHLETICS LLC HAS THE RIGHT TO REFUSE TO LET YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

Signature of Parent/Legal Guardian

Date

Printed Name of Parent/Legal Guardian



Financial Commitment/Credit Card Authorization Form

I have read and fully understand my financial commitment to Central Florida Athletics outlined in this tryout packet. I understand that my commitment is for the 2017-2018 All-star competitive season. I understand that I am giving my credit card/debit card information, and that this information will be used to process a payment if I do not meet payment deadlines to Central Florida Athletics. I understand that I forfeit any monies paid if the Athlete chooses to leave a team or is asked to leave the program. I understand that I am entering into this payment program of my own free will.

Parent's Signature _____ Date _____

Name as It Appears on this Card:

Billing Address:

Zip Code _____

Type of Card: (CIRCLE ONE) Visa MasterCard Discover American Express

Credit Card # _____

Exp. Date _____ Security Code (Back of card) _____

Cardholder's Signature _____

Date: _____

Athlete's Name _____

Everyone is required to submit credit card information and to be on auto-pay. Accounts are due on the first of every month. Payment is expected on or before the 5th of the month. Your credit card will be charged for any outstanding balance on the 6th. Non-payment and/or declined credit card will result in a \$30.00 late fee.